

Common Mental Health CPT Codes (2019)

CPT CODE	DESCRIPTION	NOTES
90832*	Psychotherapy, 30 min Individual psychotherapy, 45 minutes, with client and/or family member.	Time: 30 minutes (between 16 - 37 mins)
90834*	Psychotherapy, 45 min Individual psychotherapy, 45 minutes, with client and/or family member.	Time: 45 minutes (between 38 and 52 minutes)
90837*	Psychotherapy, 60 min Individual psychotherapy, 60 minutes, with client and/or family member.	Time: 60 minutes (between 53 and 60 minutes)
+90838*	Psychotherapy, 60 min, with E/M service Individual psychotherapy, 60 minutes with client and/or family member when performed with an evaluation and management (E/M) service.	Time: 60 minutes (between 53 and 60 minutes)
90847*	Family psychotherapy (with client present), 50 minutes Family psychotherapy (conjoint psychotherapy) (with client present). This code is used when the therapy includes the client and family members. It should also be used for couples therapy.	Time: 50 minutes Covered by most insurance plans, challenged less often than 90846 because client is present.
90846*	Family psychotherapy (without the client present), 50 minutes This code is used when the clinician provides therapy for the family of a client without the client being present.	Time: 50 minutes Medicare: Covered if treating client, not if treating affected family members.
90791*	Psychiatric diagnostic evaluation without medical services Includes a chief complaint, history of present illness, family and psychosocial history, and complete mental status examination. Use code 90792 for an initial evaluation with medical services.	Time: No time range Medicare pays for one 90791 per year for institutionalized clients unless medically necessary.
90875	Under other psychiatric services or procedures Individual psychophysiological therapy incorporating biofeedback training by any modality (face-to-face with the client), with psychotherapy (e.g., insight-oriented, behavior modifying, or supportive psychotherapy).	Time: - 20-30 minutes Medicare will not reimburse for this code.
99404	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure) Commonly used for billing EAP sessions.	Time: 60 minutes (between 53 and 60 minutes)

Current Procedural Terminology (CPT) codes are developed by the [American Medical Association \(AMA\)](#). It's the preferred system for describing and coding healthcare services throughout the United States, and over 8,000 codes are updated annually.

* = codes approved for mental health telehealth billing by both the CPT and the CMS. Coding rules may vary based on the insurance companies you work with, and will change over time, so contact payers directly to confirm which CPT code and telehealth modifier to use.